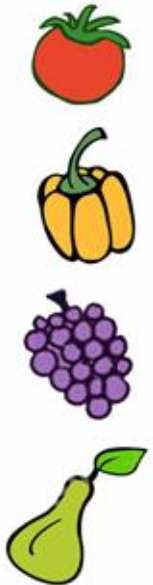
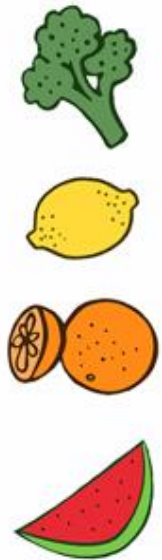




Dryden Street Menu



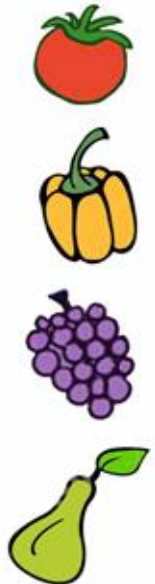
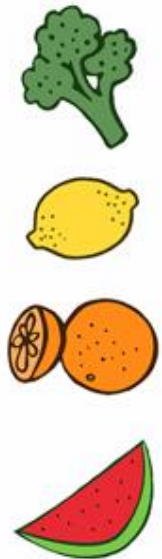
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of Cereals or Toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Tomato & Basil Pasta with Cheese and Green Beans	Lamb Tagine with Couscous	Jacket Potato with Cheese & Baked Beans	Chicken Casserole	Fish Fingers with New Potatoes & Peas
Allergens	2, 7, 13	2, 7, 13	2, 7, 13	1, 2, 4, 7, 13	2, 5, 7, 13
Side/ Pudding	Garlic Bread	Peaches & Natural Yoghurt	Apple & Custard	Jelly	Rice Pudding
Allergens	2	7	7, 13		7, 13
Light Tea <small>(all served with a variety of fresh fruit)</small>	Sardines on Toast	Melba Toast with Soft Cheese	Homemade Vegetable soup & sliced bread	Blueberry & Vanilla Rice Cakes	Cheese on Toast
Allergens	2, 5, 7, 13	2, 7, 13	2, 7, 13	7, 13	2, 7, 13

***All of our menus adhere to current Eat Better Start Better Guidelines.**

Please be aware that our nursery only uses sunflower spread and we only buy 30% reduced salt/sugar beans & spaghetti.



Dryden Street Menu



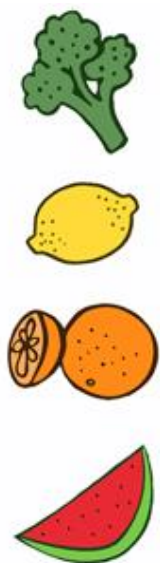
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of Cereals or Toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Macaroni Cheese with Broccoli	Sausages with Mixed Vegetables, Mashed Potatoes & Onion Gravy	Chinese Chicken Curry with Rice	Vegetable Burgers with Herby Potatoes & Baked Beans	Tuna Pasta Bake with Sweetcorn
Allergens	2, 7, 13	1, 2, 7, 13	1, 2, 9, 13, 14	2, 7, 13	2, 5, 4
Starter/ Pudding	Fruit Salad	Ice cream	Spring Rolls	Stewed Apples with Custard	Pears with Natural Yoghurt
Allergens		7	2	7, 13	7, 13
Light Tea (all served with a variety of fresh fruit)	Scrambled Eggs on Toast	Cream Crackers & Cream Cheese	Selection of Sandwiches	Wholemeal Breadsticks, Carrot & Cucumber Crudit�e & a Selection of Dips	Savoury Muffins & Warm Milk
Allergens	2, 4, 7, 13	2, 7, 13	2, 4, 5, 7, 9, 13		2, 7, 13

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Dryden Street Menu



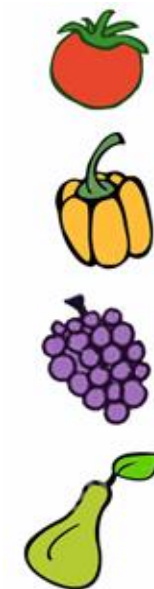
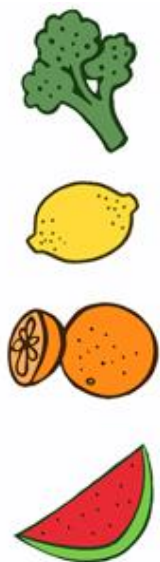
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of cereals or toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Chicken & Mushroom Pasta	Lamb Hotpot with Cabbage	Cheese & Onion Pie with Beans & Herby Potatoes	Jacket Potato with Cheese & Tuna	Fish Cakes with New Potatoes, Garden Peas & Parsley Sauce
Allergens	2, 4, 7, 13	1, 2, 7, 13	2, 7, 9, 13	4, 5, 7, 13	2, 5, 7, 13
Starter/ Pudding	Jelly	Semolina	Salad with Garlic Dip	Fruit Yoghurt	Ice cream
Allergens		7, 13	4, 9	7	7
Light Tea (all served with a variety of fresh fruit)	Cheese on Toast	Homemade Tomato Soup & Bread Slices	Wholemeal Pitta Bread Fingers, Carrot & Cucumber Crudit�e & a Selection of Dips	Spaghetti on Toast	Blueberry & Vanilla Rice Cakes
Allergens	2, 7, 13	1, 2	2, 7, 12, 13	2, 7, 13	7, 13

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Dryden Street Menu



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of Cereals or Toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Vegetable & Pasta Bake with Cheese & Cauliflower	Beef & Lentil Cottage Pie with Mixed Vegetables & Beetroot	Roast Chicken with Baby Carrots, Roast Potatoes & Gravy	Vegetarian Chilli & Rice	Fillet of Fish with Oven Chips & Mushy Peas
Allergens	2, 7, 13	2	2, 4, 7, 13	2, 7, 13	2, 5, 7, 13
Side/ Pudding	Fruit Cocktail	Rice Pudding	Jelly	Nachos & Sour Cream	Natural Yoghurt & Pears
Allergens	7, 13	7, 13		7	7, 13
Light Tea (all served with a variety of fresh fruit)	Savoury Muffins & Milk	Selection of Sandwiches	Wholemeal Breadsticks, Carrot & Cucumber Crudit�e & a Selection of Dips	Homemade Vegetable Soup with Fresh Bread	Cheese & Crackers
Allergens	2, 7, 13	2, 4, 5, 7, 9, 13	2, 4, 7, 9, 12, 13	1, 2, 7, 13	2, 7, 13

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