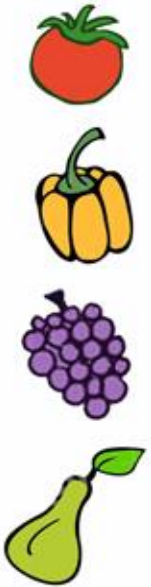
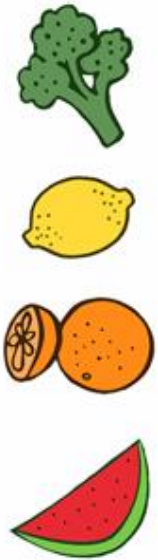




Dryden Street Menu for under one's



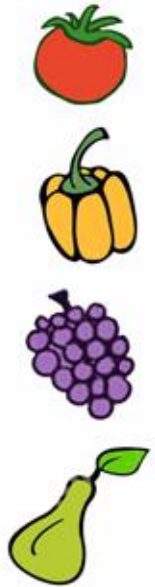
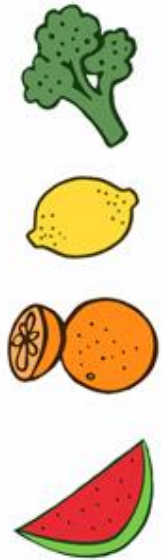
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of Cereals or Toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Tomato & Basil Pasta with Cheese and Green Beans	Eat your greens	Jacket Potato with Cheese & Baked Beans	Chicken Casserole	Sweet and fiery red pepper stew
Allergens	2, 7, 13	7, 13	2, 7, 13	1, 2, 4, 7, 13	7, 13
Side/ Pudding	Garlic Bread	Peaches	Apples	Fruit	Rice Pudding
Allergens	2				2, 13
Light Tea (all served with a variety of fresh fruit)	Sardines on Toast	Melba Toast with Soft Cheese	Homemade Vegetable soup & sliced bread	Rice Cakes	Cheese on Toast
Allergens	2, 5, 7, 13	2, 7, 13	2, 7, 13	7, 13	2, 7, 13

***All of our menus adhere to current Eat Better Start Better Guidelines.**

Please be aware that our nursery only uses sunflower spread and we only buy 30% reduced salt/sugar beans & spaghetti.



Dryden Street Menu for under one's



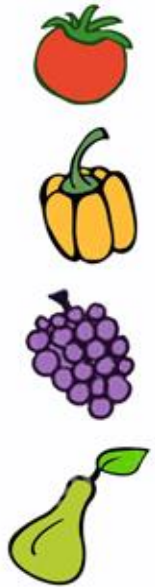
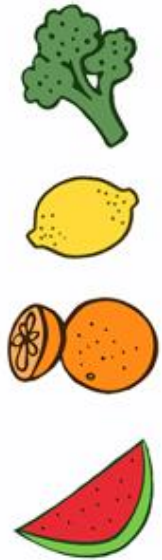
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of Cereals or Toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Macaroni Cheese with Broccoli	Sausages with Mixed Vegetables, Mashed Potatoes & Onion Gravy	Chinese Chicken Curry with Rice	Tomatoes & Carrot with Basil	Chicken, Cheese and Courgette Smash
Allergens	2, 7, 13	1, 2, 7, 13	1, 2, 9, 13, 14	2, 7, 13	7, 13
Starter/ Pudding	Fruit Salad	Fruit	Spring Rolls	Stewed Apples	Pears
Allergens			2	7, 13	7, 13
Light Tea (all served with a variety of fresh fruit)	Scrambled Eggs on Toast	Cream Cheese & Cream Crackers	Selection of Sandwiches	Wholemeal Breadsticks, Carrot & Cucumber Crudit�e & Selection of Dips	Savoury Muffins & Milk
Allergens	2, 4, 7, 13	2, 7, 13	2, 4, 5, 7, 9, 13	2, 7, 12, 13	2, 7, 13

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Dryden Street Menu for under one's



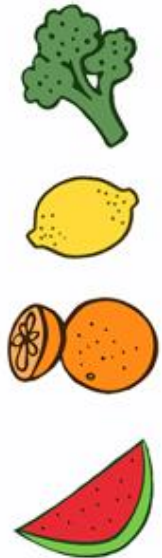
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of cereals or toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Chicken & Mushroom Pasta	Sweet Red Pepper Stew	Cowboy Hot pot	Simple Lentil and Spinach Dahl	Fruity Chicken Surprise
Allergens	2, 7, 13	7, 13	7, 13	7, 13	2, 7, 13
Starter/ Pudding	Cucumber Sticks	Fruit	Fruit	Fruit	Fruit
Allergens					
Light Tea (all served with a variety of fresh fruit)	Cheese on Toast	Homemade Tomato Soup & Bread Slices	Wholemeal Pitta Bread Fingers, Carrot & Cucumber Crudit�, & Selection of Dips	Spaghetti on Toast	Blueberry & Vanilla Rice Cakes
Allergens	2, 7, 13	1, 2, 7, 13	2, 7, 12, 13	2, 7, 13	7, 13

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Dryden Street Menu for under one's



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Variety of Cereals or Toast with Milk/Water				
Allergens	2, 7, 13				
Lunch	Vegetable & Pasta Bake with Cheese & Cauliflower	Lovely lentils	Roast Chicken with Baby Carrots, Roast Potatoes & Gravy	Vegetarian Chilli & Rice	Eat your greens
Allergens	2, 7, 13		2, 7, 13	2, 7, 13	2, 5, 7, 13
Side/ Pudding	Fruit Cocktail	Rice Pudding	Fruit	Cucumber and Carrot Sticks	Pears
Allergens	7, 13	7, 13	7, 13	7, 13	7, 13
Light Tea (all served with a variety of fresh fruit)	Savoury Muffins & Milk	Selection of Sandwiches	Wholemeal Breadsticks, Carrot & Cucumber Crudit� & a Selection of Dips	Homemade Vegetable Soup with Fresh Bread	Cheese & Cream Crackers
Allergens	2, 7, 13	2, 4, 5, 7, 9, 13	2, 4, 7, 9, 12, 13	1, 2, 7, 13	2, 7, 13

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